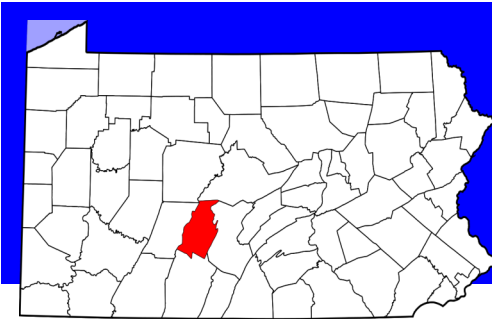


# **Blair County PA Resource Directory**

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**2019**



## **Blair County PA Resource Directory**

- \* Information on local health and human services.
- \* Agency names, phone numbers and addresses.
- \* Listed by presenting need and by agency.
- \* Description of services included in Glossary.

# INTRODUCTION

## CONTACT Altoona

CONTACT Altoona has been serving Blair County since 1982 and is fully accredited by CONTACT USA. CONTACT Altoona is a telephone helpline service providing listening services, reassurance calls, crisis intervention, information and referrals services, and volunteer opportunities to the community. Telephones are staffed 365 days a year by trained volunteers who are prepared to offer stability in times of confusion and assist people of all ages to resolve their own problems and develop their inner resources. All services are free and confidential.

### CONTACT Altoona Reassurance Program:

The CONTACT Altoona Reassurance Program seeks to meet the needs of persons who are isolated, living alone, shut-in, aged, or ill by placing daily telephone calls at pre-arranged times to Blair County residents requesting this service. The purpose of the call is a medication reminder, a friendly social chat, a safety check or a combination thereof. These calls are made by the trained phone workers who volunteer at CONTACT Altoona. To receive more information, please call the Administrative Offices of CONTACT Altoona at 814-946-0531.

### Helpline and PA 2-1-1:

Everybody needs someone to talk with who can lend a caring ear, and help point them in the right direction. CONTACT Altoona's Helpline is the source Blair County residents turn to when it seems there is nowhere to turn. Telephones are staffed seven days a week by volunteers trained to listen carefully and help callers identify problems and make decisions about their lives. All calls are anonymous and confidential. The Helpline phone number is 814-946-9050.

PA 2-1-1 is a toll-free number to call for anyone who needs to know what health and human services are available within Blair, Bedford, Cambria and Somerset Counties. Phones are answered during regular daily business hours by CONTACT Altoona staff. Simply dial 2-1-1 to be connected for services or visit online database at: <https://pa211.communityos.org> to access available resources. An extensive resource file enables CONTACT Altoona to serve as a link in a network of community resources and human service agencies for both Helpline and PA 2-1-1 callers.

## EMERGENCY PHONE NUMBERS

### Emergency Telephone Numbers

#### Call 9-1-1

for:

- **Ambulance**
- **Fire**
- **Police**

Mental Health Crisis  
**Call 814-889-2141**  
UPMC Altoona Crisis Center

Assistance with Alcohol, Tobacco, and other Drugs  
**Call 814-381-0921**  
Blair Drug & Alcohol Partnership

Information and Referral for Health and Human Service Needs  
**Call 2-1-1**

or go to: <https://pa211.communityos.org/cms/>

## NON-EMERGENCY PHONE NUMBERS

Allegheny Township Police Department - 814-695-3333

Altoona Police Department - 814-949-2410

Bellwood Antis Police Department - 814-742-7800

Blair County Prison-814-693-3155

Blair County Sheriff's Office - 814-693-3100

Blair County Adult Probation - 814-693-3190

Blair County Juvenile Probation - 814-693-3230

Blair Township Police Department—814-696-3846

Duncansville Borough Police Department - 814-695-1930

Freedom Township Police Department - 814-695-8545

Greenfield Township Police Department - 814-239-5313

Hollidaysburg Borough Police Department - 814-695-3711

Logan Township Police Department - 814-949-3364

Martinsburg Police Department - 814-793-2838

North Woodbury Township Police Department - 814-793-4897

Pennsylvania State Police (Hollidaysburg) - 814-696-6100

Roaring Spring Borough Police Department - 814-224-5382

Tyrone Borough Police Department - 814-684-1365

Williamsburg Police Department - 814-832-2022

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Altoona School District Police - 814-946-8233

Spring Cove School District Police - 814-793-5344

Tyrone School District Police - 814-684-0710

Penn State Altoona Campus Police - 814-949-5222

UPMC Altoona Campus Police - 814-889-2121

VA Medical Center Campus Police - 814-943-8164

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PA Fish & Boat Commission -717-486-7087

PA Game Commission - 814-643-1831 or 814-643-9635

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ChildLine - 800-932-0313

Adult Protective Services - 814-946-1235

Protection From Abuse (PFA) -814-693-0130 (Monday-Friday 8:00am-4:00pm)

9-1-1 Non-Emergency - 814-940-5900

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# Blair County PA Resource Directory - 2019

## AGING & DISABILITY SERVICES - OLDER ADULTS

Blair Senior Services	814-946-1235	1320 Twelfth Ave., Altoona, PA
Center For Independent Living of South Central PA (CILSCPA)	814-949-1905	2900 Beale Ave, Altoona, PA
Alleghenies United Cerebral Palsy	877-371-1110	119 Jari Drive, Johnstown, PA
Helpmates, Inc. of Blair County	855-696-5418	117 Old Farm Office Rd., Duncansville, PA
Pennsylvania Dept of Labor and Industry (Bureau of Blindness and Visual Services)	814-946-7330	1130 12th Ave., Altoona, PA

## CHILDREN & ADOLESCENTS SERVICES

Blair County Children, Youth & Families	814-693-3130	423 Allegheny St., Hollidaysburg, PA
Alternative Community Resource Program (ACRP)	814-942-9425	3010 7th Avenue, Altoona, PA
UPMC Altoona	814-889-2141	620 Howard Ave., Altoona, PA
UPMC Behavioral Health of the Alleghenies	814-946-0261	400 Lakemont Park Blvd., Altoona, PA
Blair Family Solutions	814-944-9970	1310 Valley View Blvd., Altoona, PA
Big Brothers/Big Sisters	814-944-6129	891 23rd St., Altoona, PA
Children's Behavioral Health	814-942-8168	1701 Twelfth Ave., Altoona, PA
Cen-Clear Child Services	814-342-5845	Clay Avenue Extension, Tyrone, PA
Cove Counseling	814-934-0303	202 Cove Forge Rd., Williamsburg, PA
Nulton Diagnostic	814-944-4722	2900 Plank Rd, Altoona, PA
Merakey (NHS Human Services)	888-647-0020	615 Howard Ave, Suite 216, Altoona, PA
Journey Center	814-317-5092	2875 Rt 764 Plaza, Duncansville, PA
Family Behavioral Resources	814-419-8046	325 Industrial Park Rd, Ebensburg, PA
Evolution Counseling	814-201-2751	1331 12th Ave, Suite 100, Altoona, PA
Family Services, Inc.	814-944-3583	2022 Broad Ave, Altoona, PA
Adelphoi Village	814-695-5076	521 Municipal Dr., Duncansville, PA
Blair County Juvenile Probation	814-693-3230	423 Allegheny St., Hollidaysburg, PA
Family Intervention Crisis Services (FICS)	814-696-7327	1311 Allegheny St., Hollidaysburg, PA
WIC Program	814-943-0481	206 W Plank Road, Altoona, PA
Child Advocates of Blair Co. Preschool	814-946-5247	319 Sycamore St., Altoona, PA
Delinquency Prevention Program	814-201-2751	1331 12th Ave., Suite 300, Altoona, PA

## CLOTHING ASSISTANCE

American Red Cross (Offers disaster assistance only.)	814-944-6146	415 Orchard Ave., Altoona, PA
American Rescue Workers	814-695-0762	811 Scotch Valley Rd., Hollidaysburg, PA
Catholic Charities	814-944-9388	1300 Twelfth Ave., Altoona, PA
Church of the Good Shepherd Family Closet	814-684-2472	1650 Clay Ave., Tyrone, PA
Father's House (Nehemiah Project)	814-381-7019	1001 S First St., Altoona, PA
Juniata United Methodist Church Angel Feet Program	814-942-6065	808 N Fourth St., Altoona, PA
Precious Life (Baby Clothing)	814-944-2669	1716 Twelfth Ave., Altoona, PA
Salvation Army (Altoona)	814-942-8104	1813 Sixth Ave., Altoona, PA
Salvation Army (Tyrone)	814-684-1664	908 Pennsylvania Ave., Tyrone, PA
St. Vincent DePaul Thrift Shop	814-943-1981	1215 Seventh Ave., Altoona, PA
Second Avenue United Methodist Church	814-943-2072	130 Second Ave., Altoona, PA

# Blair County PA Resource Directory - 2019

## CRIME VICTIM SUPPORT SERVICES

Victim Witness Program	814-693-3010	423 Allegheny St., Hollidaysburg, PA
Family Services Inc. (Protection from Abuse Orders) Mon - Fri 8:00am-4:00pm	814-693-0130	423 Allegheny St., Hollidaysburg, PA
	Walk Ins accepted	
Domestic Abuse - Blair County Hotline	814-944-3585	2022 Broad Ave., Altoona, PA
Stepping Stones for Life	814-943-8466	341 Black Snake Road, Dysart, PA

## DRUG & ALCOHOL SERVICES

Blair Drug & Alcohol Partnership	814-381-0921	3001 Fairway Dr., Altoona, PA
Discovery House (Assessment of Substance Abuse)	814-944-7000	3438 Route 764, Duncansville, PA
UPMC Altoona (Substance Abuse Screening)	814-889-6717	620 Howard Ave, Altoona, PA

### Outpatient Drug and Alcohol Licensed Treatment Providers

Anthony Pater Counseling Service	814-935-1185	511 Allegheny St., Hollidaysburg, PA
Discovery House	814-944-7000	3438 Route 764, Duncansville, PA
Dolminis	814-204-0059	2 Sellers Drive, Altoona, PA
UPMC Behavioral Health of the Alleghenies	814-946-5411	500 East Chestnut Ave., Altoona, PA
LaRocco Counseling	814-946-5179	1218C Pleasant Valley Blvd, Altoona, PA
Moore Counseling Services	814-942-5588	1222 Pennsylvania Ave., Tyrone, PA
PATHS (PA Treatment & Healing)	814-201-2355	1917 E Pleasant Valley Blvd, Altoona, PA
Pyramid Healthcare	814-940-0407	1894 Old Route 220, Duncansville, PA

### Residential Treatment Providers

Cove Forge/White Deer Run	814-832-2131	202 Cove Forge Road, Williamsburg, PA
Pyramid Healthcare	814-940-0407	1894 Old Route 220, Duncansville, PA

### Veteran Drug and Alcohol Services

James E. Van Zandt V.A. Medical Center	814-943-8164	2907 Pleasant Valley Blvd., Altoona, PA
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## EARLY INTERVENTION

Southern Alleghenies Service Mgt. Group	814-949-2912	157 Lakemont Park Blvd., Altoona, PA
North Star Support Services	814-946-3657	500 Lakemont Park Blvd., Altoona, PA
Child Advocates of Blair County	814-946-5247	319 Sycamore St., Altoona, PA
Appalachia Intermediate Unit 08 (Early Intervention for Children with Disabilities/Delays)	814-940-0223	4500 6th Ave., Altoona, PA
The Arc of Blair County (Early Identification Programs)	814-946-1011	431 Jackson Ave, Altoona, PA

**EMPLOYMENT SERVICES**

Blair County CareerLink	814-940-6200	1600 Fifth Ave., Altoona, PA
Blair County CareerLink	814-	536 Third Ave., Duncansville, PA
Blair County Community Action	814-946-3651	2100 Sixth Ave., Altoona, PA
PA Office of Vocational Rehabilitation	814-946-7240	1130 Twelfth Ave., Altoona, PA
Skills of Central PA (Disability Related)	814-944-4519	4601-A Cortland Ave., Altoona, PA

**EMERGENCY FINANCIAL ASSISTANCE**

Blair County Assistance Office	814-946-7111	1100 Green Ave., Altoona, PA
Blair County Community Action	814-946-3651	2100 Sixth Ave., Altoona, PA
Catholic Charities	814-944-9388	1300 Twelfth Ave., Altoona, PA
Center for Independent Living of South Central PA (CILSCPA)	814-949-1905	2900 Beale Ave., Altoona, PA
Salvation Army (Altoona)	814-942-8104	1813 Sixth Ave., Altoona, PA
Salvation Army (Tyrone)	814-684-1664	908 Pennsylvania Ave., Altoona, PA
St. Vincent DePaul	814-943-1981	2223 Eighth Ave., Altoona, PA

**FOOD BANKS & SOUP KITCHENS**

Blair County Assistance Office (Food Stamps)	814-946-7111	1100 Green Ave., Altoona PA
Altoona Food Bank	814-942-5415	2100 Sixth Ave., Altoona, PA
Claysburg Food Bank	814-239-2440	574 S Bedford St., Claysburg, PA
Martinsburg Food Pantry	814-793-3958	133 E Allegheny St., Martinsburg, PA
Roaring Spring Food Pantry	814-224-2434	401 E Main St., Roaring Spring, PA
Williamsburg Food Bank (Zion Lutheran Church)	814-832-3126	219 Plum St., Williamsburg, PA
Blair Senior Services	814-946-1235	1320 Twelfth Ave., Altoona, PA
Salvation Army (Altoona)	814-942-8104	1813 Sixth Ave., Altoona, PA
Salvation Army (Tyrone)	814-684-1664	908 Pennsylvania Ave., Tyrone, PA
St. Vincent DePaul Soup Kitchen	814-944-6302	2201 Union Ave., Altoona, PA
St. Vincent DePaul Food Pantry	814-943-7962	1523 Adams Ave., Altoona, PA
Second Avenue United Methodist Church	814-943-2072	130 Second Ave., Altoona, PA
Tyrone Food Bank (Christ United Methodist Church)	814-684-3911	1359 Pennsylvania Ave., Tyrone, PA
Father's House Soup Kitchen	814-381-7019	1520 Eleventh St., Altoona, PA
American Rescue Workers	814-695-0762	811 Scotch Valley Rd., Hollidaysburg, PA

**FUEL OR UTILITY ASSISTANCE**

Catholic Charities	814-944-9388	1300 Twelfth Ave., Altoona, PA
Blair County Assistance Office (LIHEAP)	814-946-7111	1100 Green Ave., Altoona, PA
Blair Community Action	814-946-3651	2100 Sixth Ave., Altoona, PA
Blair Senior Services	814-946-1235	1320 Twelfth Ave., Altoona, PA
American Rescue Workers	814-695-0762	811 Scotch Valley Rd., Hollidaysburg, PA

**GAMBLING ADDICTION SERVICES**

Blair Drug & Alcohol Partnership	814-381-0921	3001 Fairway Drive, Altoona, PA
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## HOUSING / HOMELESS SERVICES

Emergency Shelter	814-949-3778	2700 Eighth Ave., Altoona, PA
Blair Community Action	814-946-3651	2100 Sixth Ave, Altoona, PA
Blair Senior Services	814-946-1235	1320 Twelfth Ave., Altoona, PA
Catholic Charities	814-944-9388	1300 Twelfth Ave., Altoona, PA
Veterans Affairs Supported Housing Program (VASH)	814-943-8164	2907 Pleasant Valley Blvd., Altoona, PA
Teen Shelter - Blair County Hotline	814-941-0975	1701 Sixth Ave., Altoona, PA
Altoona Housing Authority	814-949-2000	2700 Pleasant Valley Blvd., Altoona, PA
Blair County Housing Authority	814-695-7548	1407 Blair St., Hollidaysburg, PA
American Rescue Workers	814-695-0762	811 Scotch Valley Rd., Hollidaysburg, PA
Family Services Inc. (Family Shelter)	814-949-3778	2700 Eighth Ave., Altoona, PA

## INTELLECTUAL OR DEVELOPMENTAL DISABILITIES

Southern Alleghenies Service Mgt. Group	814-949-2912	157 Lakemont Park Blvd., Altoona, PA
North Star Support Services	814-946-3657	500 Lakemont Park Blvd., Altoona, PA
The Arc of Blair County Disability Rights Group	814-946-1011	431 Jackson Ave., Altoona, PA
Skills of Central PA-Blair Co (Behavioral Support Services)	814-944-9522	2101 Eighth Ave., Altoona, PA

## LEGAL SERVICES

Blair County Public Defenders Office (Criminal Cases)	814-693-3255	423 Allegheny St., Hollidaysburg, PA
MidPenn Legal Services (Civil Cases)	814-943-8139	171 Lakemont Park Blvd., Altoona, PA

## MEDICAL CLINICS & HOSPITALS

UPMC Altoona	814-889-2011	620 Howard Ave., Altoona, PA
Primary Health Network	814-942-9600	620 Howard Ave., Altoona, PA
James E. Van Zandt V.A. Medical Center	814-943-8164	2907 Pleasant Valley Blvd., Altoona, PA
Nason Hospital	814-224-2141	105 Nason Drive, Roaring Spring, PA
Tyrone Hospital	814-684-1255	187 Hospital Drive, Tyrone, PA
Medcare Express Urgent Care	814-946-3505	215 Union Ave., Altoona, PA
Medexpress Altoona	814-946-3801	300 E Plank Road, Altoona, PA
Urgent Care Center	814-943-6111	3010 Maple Ave., Altoona, PA
Doctor's Walk-in Care	814-946-8046	222 Chestnut Ave., Altoona, PA
Community Clinic (For those without health insurance.)	814-889-6111	501 Howard Ave., Ste D-204, Altoona, PA
Blair County State Health Center	814-946-7300	Cricket Field Plaza, 615 Howard Ave., Altoona, PA
Women's Health & Wellness Center	814-889-2012	501 Howard Ave., Altoona, PA

## MENTAL HEALTH & COUNSELING

### \* Case Management Services

Crisis Intervention (UPMC Altoona)	814-889-2141	620 Howard Ave., Altoona, PA
Access Center (UPMC Altoona)	814-889-2279	620 Howard Ave., Altoona, PA
Alternative Community Resource Program (ACRP)*	814-942-9425	3010 Seventh Ave., Altoona, PA
UPMC Behavioral Health of the Alleghenies*	814-946-5411	500 E Chestnut Ave., Altoona, PA
CONTACT Altoona	814-946-9050	2729 Eighth Ave., Altoona, PA
Blair Family Solutions	814-944-9970	1310 Valley View Blvd., Altoona, PA
Primary Health Network Behavioral Health Peerstar	814-942-5000 888-733-7781	620 Howard Ave., Altoona, PA Regency Square, 2900 Plank Rd., Suite 8, Altoona, PA
Merakey (formerly NHS Human Services)	888-647-0020	615 Howard Ave., Suite 216, Altoona, PA
Nulton Diagnostic*	814-944-4722	Regency Square, 2900 Plank Rd., Suite 8, Altoona, PA
Skills of Central PA (Mobile Psych Rehab)	814-201-2486	805 Chestnut Ave., Altoona, PA
CenClear*	814-224-1380	601 Wilson Ave., Roaring Spring
H.O.P.E. Drop In(Bethany Lutheran Church)	814-381-1087	200 3rd Ave., Altoona, PA

## TRANSPORTATION SERVICES

Blair Senior Services	814-946-1235	1320 Twelfth Ave., Altoona, PA
Med Van (Medical Transportation)	888-633-9995	1311 Philadelphia St., Northern Cambria, PA

## VETERANS SERVICES

James E. Van Zandt V.A. Medical Center	814-943-8164	2907 Pleasant Valley Blvd., Altoona, PA
Blair County Veterans Affairs Office	814-693-3160	423 Allegheny St., Hollidaysburg, PA
PA Dept of Military and Veteran Affairs (State Veterans Home System-Hollidaysburg Veterans Home)	814-696-5201	P.O. Box 319, Hollidaysburg, PA

# GLOSSARY

## Aging & Disability Services - Older Adults

### **Blair Senior Services:**

Responsible for the planning, coordination, management and administration of community-based services for older persons. Also serves residents of all ages through diverse programming and contracts in such areas as; transportation, housing, assessments and volunteering.

### **Center for Independent Living of South Central PA:**

Provides advocacy services for persons with disabilities and their families. Equipment Training Program allows individuals to borrow assistive technology and receive training on its use. Equipment is generally available for all areas of daily living. Additional services includes: Accessibility consultation technical assistance, Housing data and referral, Deaf action awareness program, Information and referral concerning disability and community services, Peer counseling, Service coordination, Independent Living Skills Training in individual and group sessions, Brain injury outreach and support

### **Helpmates, Inc. of Blair County**

Provides in-home assistance to people in need of all ages to live safely and independently at home.

### **PA Dept of Labor and Industry—Bureau of Blindness and Visual Services**

Serves individuals who are age 55 or older, and who are legally blind. It is designed to enable individuals to achieve or regain maximum independence within their homes and communities.

### **Alleghenies United Cerebral Palsy:**

Locate appropriate services to remain independent in the home. Assist in finding community resources. Educate on waiver programs. Create an individual service plan. Monitor progress to ensure continued services. Develop a plan of action.

## Children & Adolescents Services

### **Blair County Children, Youth & Families:**

Provides protective services for children birth to 18 years of age that are or are potentially "dependent" or "abused" as defined by the Pennsylvania Juvenile Act and the Pennsylvania Child Protective Services Law.

### **Alternative Community Resource Program:**

An approved alternative education provider through the PA Dept. of Education and licensed Mental Health provider in Pennsylvania. Counseling services for youth and adolescents.

### **UPMC Altoona:**

Employs the Wraparound Facilitation model, a family centered, community-oriented, strengths based and highly individualized approach to meet the needs of children with complicated, multi-dimensional problems. The approach involves the development of a child and family team which creates and implements a wraparound plan that identifies a set of community services and natural supports to promote success, safety, and permanence in home, school and community.

### **UPMC Behavioral Health of the Alleghenies:**

UPMC Behavioral Health of the Alleghenies services include: Blended Case Management (Coordination and linking the child and their family to services and resources in the community such as medical care, transportation, education, vocational rehabilitation and coordination of all involved services), Child/Adolescent Partial Hospitalization (Focuses on strengths and provides school based programming), and Multi-Systemic Therapy (Provides services to children and adolescents who are at risk of being placed out of their home or are likely to be involved in juvenile justice system without intervention).

### **Blair Family Solutions:**

Provides a team of Psychologists, Program Directors, Case Managers, and Therapists, who will work with families to assess the needs of the child, and family to properly provide timely assessments and evaluations. Additional services include Family Based Mental Health Services (FBMHS) as a team delivered, intensive treatment service to decrease the need for out-of-home placement.

## Children & Adolescents Services (Continued)

### **Big Brothers/Big Sisters:**

Helps children in need reach their potential through professionally supported, one-to-one mentoring relationships with volunteers. Provides mentoring relationships for all children who need and want them.

### **Children's Behavioral Health:**

Services fall into two distinct areas: Behavioral Health Rehabilitation and Partial Hospitalization Program. Each program is staffed with specialists trained in providing children with the highest-level of instruction, treatment and support.

### **Cen-Clear Child Services:**

Provides outpatient behavioral health counseling and psychiatric services to children, adolescents, adults, and families. The goal of the services is to help the individual and/or family to effectively address or resolve their present concerns. Counseling services include individual, family, and group therapies.

### **Cove Counseling:**

Individual, Teen, Child, Marital, and Family Counseling.

### **Family Intervention Crisis Services (FICS):**

Programs include Family Preservation, Adolescent Day Treatment, Long Term Reunification and Independent Living Program. All services are client driven and home based.

### **Child Advocates of Blair County Preschool:**

Provides preschool for low income children who are preschool age.

### **Delinquency Prevention Program:**

Provides counseling for children under 18 years of age and their families to prevent future delinquency issues.

### **WIC (Women, Infants, Children) Program:**

Designed specifically for women, infants, and children, this program provides vouchers for nutritious foods and education in a supportive environment. WIC is a federally funded program designed for pregnant women, postpartum and breastfeeding women, infants and children under age five.

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## Clothing Assistance

### **American Red Cross (Offers Disaster Assistance Only):**

Provides relief items and comfort kits to people in the immediate aftermath of a disaster and the weeks that follow. Comfort kits contain basic personal supplies needed in the aftermath of a disaster such as toothbrush, deodorant, and shampoo.

### **American Rescue Workers:**

Provides new or secondhand clothing for people who cannot afford to purchase these items at retail prices.

### **Catholic Charities:**

Individuals may self-refer or may be referred by another agency for assistance. Catholic Charities assesses each request and situation individually through a thorough intake process. Income and eligibility guidelines are flexible to allow services to be tailored to effectively meet the individual need. Contacts are kept in the strictest confidence to promote and defend the dignity of all clients.

### **Church of the Good Shepherd Family Closet:**

The Family Closet is open on Saturdays 9am until 12 noon or by special arrangement anytime it is necessary to meet an urgent need. Clothing is changed out seasonally and is free to anyone.

### **Father's House (Nehemiah Project):**

Provides clothing for people who need it.

(Clothing Assistance continued on next page.)

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## Clothing Assistance (Continued)

**Juniata United Methodist Church (Angel Feet Program):**

Shoes for children ages infant to 6th grade. Eligibility for the shoe bank will be based on need and those children of our community that receive medical assistance, CHIP, or have been referred by an agency.

**Precious Life (Baby Clothing):**

Provide new or secondhand clothing and layettes for infants and young children.

**Salvation Army (Altoona):**

Emergency Assistance for financially struggling individuals and families in crisis seeking assistance for such things as food, clothing, shelter, rent, household utility expenses and similar miscellaneous living needs. Referrals made for assistance not offered at facility. May also offer seasonal assistance, such as Back-to-School and Project Bundle-Up where funds are available. Call for holiday programs (toys and food).

**Salvation Army (Tyrone):**

Emergency Direct Assistance for financially struggling individuals and families in crisis seeking assistance for such things as food, clothing, shelter, rent, household utility expenses and similar miscellaneous living needs. Referrals made for assistance not offered at facility. Call for holiday programs (toys and food).

**St Vincent DePaul Thrift Shop:**

Thrift shop providing gently used clothing at a reduced price to individuals in need.

**2nd Ave United Methodist Church:**

Free clothing giveaway. These giveaways are usually held four times per year.

## Crime Victim Support Services

**Victim Witness Program:**

The Victim/Witness Program works to promote the recognition of victim's rights and provide victims and witnesses of crime with the assistance and services necessary to support and aid them through the Criminal Justice System. This program endeavors to assure victims and witnesses of their right to be treated with dignity, compassion, and respect during the course of criminal proceedings. Housed within County District Attorney's office.

**Family Services Inc. (Protection from Abuse Orders):**

Provides supportive services in obtaining Protection from Abuse Orders to victims of domestic violence.

**Domestic Abuse - Blair County Hotline & Shelter:**

Hotline for domestic violence victims and Shelter for women and their children who are victims of domestic violence.

**Stepping Stones for Life:**

Offers programs that identify, assess and provide individual, group or family counseling or other therapeutic services for children who have been exposed to domestic violence. The therapy helps children cope with their emotional reaction to the violence, reduce problematic symptoms/behaviors (e.g., nightmares, insomnia, aggressiveness, outbursts of anger, withdrawal), understand, to the extent they can, why their parents are fighting and be reassured that it is not their fault.

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## Drug & Alcohol Services

### **Blair Drug & Alcohol Partnership:**

Blair Drug & Alcohol is the central point of contact for drug and alcohol services in Blair County. We provide free assessment and referral to drug and alcohol treatment. We offer intensive case management to support overcoming barriers to getting into treatment. In addition, we can provide certified recovery specialist services to individuals needing support in early recovery.

### Outpatient Drug and Alcohol Licensed Treatment Providers

#### **Anthony Pater Counseling Services:**

Provides Outpatient drug and alcohol treatment.- Hollidaysburg, PA

#### **CenClear:**

Provides Outpatient drug and alcohol treatment. - Roaring Spring, PA

#### **Discovery House:**

Provides Outpatient medicated assisted treatment and outpatient drug and alcohol services. (Methadone/Suboxone) - Duncansville PA

#### **Dolminis:**

Provides Outpatient medicated assisted treatment and outpatient drug and alcohol services. Methadone) - Altoona, PA

#### **UPMC Behavioral Health of the Alleghenies:**

Provides Outpatient drug and alcohol treatment - Altoona, PA

#### **LaRocco Counseling:**

Provides drug free Outpatient drug and alcohol treatment. - Altoona, PA

#### **Moore Counseling:**

Provides Outpatient drug and alcohol treatment. - Tyrone, PA

#### **PATHS:**

Provides Outpatient drug and alcohol treatment and medicated assisted treatment (Suboxone) - Altoona, PA

#### **Pyramid Healthcare:**

Provides Outpatient drug and alcohol treatment and medicated assisted treatment (Suboxone) - Altoona, PA

### Residential Treatment Providers

#### **Cove Forge/White Deer Run:**

Provides Inpatient residential drug and alcohol treatment. - Williamsburg, PA

#### **Pyramid Healthcare:**

Provides Inpatient residential drug and alcohol treatment. - Altoona, PA

### Veterans Drug and Alcohol Services

#### **James E Van Zandt VA Medical Center:**

Provides screening and treatment for substance use/abuse to veterans including: Inpatient services, intensive outpatient, and standard outpatient services. Services offered include counseling to Veterans with drug, alcohol, and emotional problems and to help Veterans and their families understand and adjust to an illness or disability.

### Support Groups

#### **AA (Alcoholics Anonymous)/NA (Narcotics Anonymous):**

Support group lists can be accessed at [www.blairdap.org](http://www.blairdap.org)—Calendar/meetings

#### **SMART Recovery:**

12 Step process for individuals with an addiction issue: Blair Drug and Alcohol Program—3001 Fairway Drive, Altoona, PA—Mondays 6pm-8pm

(Drug & Alcohol Services continued on next page.)

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## Drug & Alcohol Services (Continued)

**HOPE Support Group:**

A support group for family and friends of someone with a substance use disorder—Blair Drug and Alcohol Program, 3001 Fairway Dr, Altoona, PA—Wednesdays 5:30pm –7:30pm

**Healing Hearts:**

Grief Support Groups for families and friends of someone who has died due to a substance use disorder. - Blair Drug and Alcohol Program, 3001 Fairway Dr, Altoona, PA - 2<sup>nd</sup> and 4<sup>th</sup> Thursday of the month—6:00pm -8:00pm

**UPMC Altoona Substance Abuse Screening:**

Provides people who concerned about their use of alcohol and or/drugs can take to learn more about their symptoms and ways of coping with them.

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## Early Intervention

**Southern Alleghenies Services Management Group:**

Oversees and directs all Early Intervention (EI) services in Blair County. EI services and supports are designed to help families with children who have developmental delays. EI builds upon the natural learning occurring in those first few years. It's a process that promotes collaboration among parents, service providers and others who may care for the child.

**North Star Support Services:**

Service Coordinators conduct intake process for Early Intervention (EI) services and coordinates initial evaluation for EI services. The evaluation will look at all areas of concern as well as any others that were indicated by the information gathered by the SC. The initial evaluation is conducted by a team that includes the parent(s), Service Coordinator, the evaluator and anyone whom the parent(s) would like to invite. The team works together to determine the child's eligibility for the early intervention program, to answer the parent/caregiver's questions about the child's development and to collect useful information about the child's skills and needs within the context of the child and family's natural environment and everyday routines.

**Child Advocates of Blair County:**

Federally funded child development program that provides educational experiences, medical and dental services, nutritional meals, and counseling to help prepare low income children and children with disabilities to succeed in school.

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## Employment Services

**CareerLink:**

The PA CareerLink is a one-stop job center that provides an array of employment and training services in a convenient, easily accessible location. Services include job counseling, testing and assessment; resume preparation assistance, interview training and other pre-job guidance services; job matching and referral; unemployment insurance and job registration; labor market and career information; information on financial aid for education and training; and referral for job training, transportation, child care, personal and financial counseling, health care and other human services resources in the community.

**Blair County Community Action:**

Goal is to place individuals into employment opportunities. Offers Employment & Training Workshops that provide clients in Blair County Community Action Agency Programs with the necessary skills to obtain and retain employment through Job readiness workshops with emphasis on: Appearance, Attitude, Attendance, Performance, Referrals with other agencies, Job placement, Job counseling/follow-up. Workshop sessions enhance skills in the areas of: Job readiness, Interviewing techniques, Resume writing, Job search, Job placement, Follow-up for 90 days, Access to all Employment & Training Services.

## Employment Services (Continued)

### **Pennsylvania Office of Vocational Rehabilitation:**

The Pennsylvania Office of Vocational Rehabilitation (OVR), provides vocational rehabilitation services to help persons with disabilities prepare for, obtain, or maintain employment. OVR provides services to eligible individuals with disabilities, both directly and through a network of approved vendors. Services are provided on an individualized basis. Counseling and guidance, diagnostic services, assessments, information and referral, job development and placement, and personal services such as readers or sign language interpreters are provided at no cost to the individual.

### **Skills of Central PA (Disability Related Employment):**

Provides vocational assessment, job development, job training, job placement, specialized job situations and/or other support services that help people with intellectual disabilities prepare for, find and retain paid employment. Provides individual and group instruction and/or counseling for individuals with intellectual disabilities and/or mental health issues who need to develop physical and emotional tolerance for work demands and pressures; acquire personal-social behaviors that will allow them to get along with employers and coworkers on the job; and develop basic manual, academic and communication skills that are needed to acquire basic job skills.

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## Emergency Financial Assistance

### **Blair County Assistance Office:**

The Temporary Assistance for Needy Families (TANF), cash assistance, program provides money to help: Pregnant women; Dependent children and their parents who live with them; Dependent children and other relatives who live with them and care for them. General Assistance (GA) benefits may be available if a person does not meet the requirements for Temporary Assistance for Needy Families and has temporary or permanent disabilities that prevents work. Also provides the Supplemental Nutrition Assistance Program is the new name for the Food Stamp program. These benefits are used to buy food and help eligible low-income households in Pennsylvania obtain more nutritious diets by increasing their food purchasing power at grocery stores and supermarkets.

### **Blair County Community Action:**

Information and guidance for people who want to develop and preserve assets or need assistance in obtaining and responsibly using credit, paying bills, reducing their debt burden, and managing their financial resources.

### **Catholic Charities:**

Provides financial assistance for qualifying requests for those in need, such as fuel assistance, utility assistance, Christmas gifts, etc.

### **Center for Independent Living of South Central PA (CILSCPA):**

Financial assistance via loans to purchase assistive technology equipment.

### **Salvation Army (Altoona):**

Emergency Assistance for financially struggling individuals and families in crisis seeking assistance for such things as food, clothing, shelter, rent, household utility expenses and similar miscellaneous living needs. Referrals made for assistance not offered at facility. May also offer seasonal assistance, such as Back-to-School and Project Bundle-Up where funds are available. Call for holiday programs (toys and food).

### **Salvation Army (Tyrone):**

Emergency Assistance for financially struggling individuals and families in crisis seeking assistance for such things as food, clothing, shelter, rent, household utility expenses and similar miscellaneous living needs. Referrals made for assistance not offered at facility. May also offer seasonal assistance, such as Back-to-School and Project Bundle-Up where funds are available. Call for holiday programs (toys and food).

### **St Vincent DePaul:**

Temporary financial assistance for needy individuals and families.



## Food Banks & Soup Kitchens

### **Blair County Assistance Office (Food Stamps):**

Provides the Supplemental Nutrition Assistance Program which is the new name for the Food Stamp program. These benefits are used to buy food and help eligible low-income households in Pennsylvania obtain more nutritious diets by increasing their food purchasing power at grocery stores and supermarkets.

### **Altoona Food Bank:**

Altoona Food Bank offers residents of Blair County a maximum of a 3 day supply of food for those that are in need of short term emergency assistance and do not qualify for immediate government assistance. Residents may receive food services 12 times in a 12 month period of time. Clients must be referred by a social service agency or clergy member.

### **Claysburg Food Bank:**

Provides food pantry supplies through USDA and local churches. Gift cards for turkey or ham for Easter, Thanksgiving and Christmas holidays.

### **Martinsburg Food Pantry:**

Provides food supplies to needy individuals and families in the Martinsburg area. Supply food coupons which can be exchanged in designated grocery stores, supermarkets and/or farmer's markets for food products. Food vouchers for turkey or ham at Easter, Thanksgiving and Christmas.

### **Roaring Spring Food Pantry:**

The Roaring Spring Food Pantry is a Free Will dry goods pantry. Each household will receive one bag from each of the following categories: Breakfast; Lunch; Dinner. Other items distributed are diapers, toilet paper and paper towels. Gift cards and gift certificates for meat, milk and eggs will be distributed if available.

### **Blair Senior Services:**

Home Delivered Meals provide nutritious meals to Blair County residents age 60 years of age or older who are unable to prepare meals for themselves. A hot meal is delivered Monday, Wednesday and Friday. A frozen meal is delivered on Monday and Wednesday for use on Tuesday and Thursday.

### **Salvation Army (Altoona):**

Emergency Assistance for financially struggling individuals and families in crisis seeking assistance for such things as food. Call for holiday programs (toys and food).

### **Salvation Army (Tyrone):**

Emergency Assistance for financially struggling individuals and families in crisis seeking assistance for such things as food. Call for holiday programs (toys and food).

### **St Vincent DePaul Soup Kitchen:**

The Society of St. Vincent de Paul's Food For Families program operates two (2) Family Kitchens, one in Altoona and one in Johnstown, serving a noon meal to anyone in need without charge.

### **St Vincent DePaul Food Pantry:**

Serving proven needy persons with emergency food in Altoona, Bellwood and Antis Townships; Zip codes 16601, 16602, 16603, and 16617. Those in need must call beforehand to schedule an appointment. Hours Of Operation: Tuesday & Thursday 8:00 a.m. - 11:30 a.m.

### **Second Avenue United Methodist Church:**

Supply food coupons which can be exchanged in designated grocery stores, supermarkets and/or farmers markets for food products.

(Food Banks & Soup Kitchens continued on next page.)

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## Food Banks & Soup Kitchens (Continued)

**Tyrone Food Bank (Christ United Methodist Church):**

The food bank is the last resource for people who need help – people who have exhausted all of their resources, such as assistance from the Department of Welfare and so forth. For the people who have nowhere else to turn, the food bank is the place for them to go. In some circumstances, people's supplies might be getting low, or they may be in temporary need of assistance from being laid off or their unemployment hasn't started yet. There may be emergency expenses, an automobile breakdown, medical expenses that are not covered by insurance, or low-income people who are simply running out of assistance at the end of the month.

**Father's House Soup Kitchen:**

Provides meals in a central location for people who lack the resources needed to buy and prepare food. No eligibility required. The soup kitchen is open on Mondays, Wednesdays and Thursdays from 5:00PM until 7:00PM.

**American Rescue Workers:**

Provides an ongoing supply of groceries for people whose income is not sufficient to meet their needs.

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## Fuel or Utility Assistance

**Blair County Assistance Office:**

Programs to lower the cost of telephone bills for eligible customers of qualified telephone services. Local office for application and administration of LIHEAP funds to eligible customers.

**LIHEAP:**

The Low-Income Home Energy Assistance Program, also known as LIHEAP, helps low-income families pay their heating bills. LIHEAP is a grant that offers assistance in the form of a cash grant, sent directly to the utility company, or a crisis grant for households in immediate danger of being without heat.

**Catholic Charities:**

Handles requests for **DELIVERABLE FUEL** only (regular fuel oil; propane; wood; fuel pellets; fuel oil blend; kerosene; coal). Assistance is for a **ONE TIME EMERGENCY DELIVERY** only. Requests taken from January 1 to March 31 **ONLY**. Provides financial assistance for qualifying requests for those in need, such as fuel assistance, utility assistance, Christmas gifts, etc.

**Blair County Community Action:**

Financial assistance for paying utility bills. Assistance in the form of labor and supplies to help people improve the energy efficiency of their homes, and any Health and Safety issues with their heating systems.

**Blair Senior Services:**

Blair Senior Services provides financial assistance with utility costs for families and individuals.

**American Rescue Workers:**

The American Rescue Workers organization assists individuals and families who may need help paying for fuel or utilities. They may also refer families to sources that may better serve them for the paying of fuel and utilities.

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## Gambling Addiction Services

### **Blair Drug & Alcohol Partnership:**

Provides prevention programs for gambling addiction. The Blair Drug & Alcohol Partnership offers effective prevention, education, intervention, and referral to treatment services for individuals and families. Works closely with state, county, and local agencies to reduce and prevent addiction.

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## Housing / Homeless Services

### **Family Shelter:**

The purpose of the Family Shelter is to assist families and individuals who are homeless or near homeless to achieve a more independent lifestyle by providing emergency/transitional housing and access to an array of effective well-managed services. This agency works cooperatively with other agencies to meet its goal to end homelessness in our community. The staff works with each homeless family or individual, providing assistance to help clients obtain services needed to help them move toward self-sufficiency.

### **Blair Senior Services:**

Provides financial assistance for the homeless through the Housing Assistance Program (HAP). Additional housing related services include financial assistance with mortgage payments and financial assistance with rent payments.

### **Veterans Affairs Supported Housing Program (VASH):**

The Veterans Affairs Supported Housing Program helps veterans living with a disability, mental illness, addiction, chronic homelessness or other issues obtain safe, affordable, accessible permanent housing. The Altoona Housing Authority will provide rental housing assistance through its Section 8 Housing Choice Voucher Program, which will allow the veterans to rent from private landlords throughout the area.

### **Teen Shelter - Blair County Hotline:**

Shelter for runaway youth; youth shelter. The Teen Shelter provides an emergency shelter for teens, both male and female, for up to 21 days. These young people could be: runaways, homeless, forced out of their home, or children who just need a place to stay outside of the home. Serve ages 12 -17.

### **Altoona Housing Authority:**

The Altoona Housing Authority is a municipal authority that was created to administer and develop affordable housing for low income families in the City of Altoona. The public housing apartments are located at three primary communities in the City: Fairview Hills, Green Avenue Tower, Eleventh Street Tower. The Altoona Housing Authority also manages Pleasant Village apartments. Additionally provides the Section 8 Housing Assistance Payment Program provides rental assistance in the form of a voucher to low and very-low income families, singles, senior citizens, disabled and handicapped individuals.

### **Blair County Housing Authority:**

Housing developments and scattered single family dwelling owned, managed by local housing authority and rented to income eligible people. Also provides the Section 8 Housing Assistance Payment Program provides rental assistance in the form of a voucher to low and very-low income families, singles, senior citizens, disabled and handicapped individuals. Provides cash assistance for people who need to make essential repairs to their homes for health and/or safety reasons.

### **American Rescue Workers:**

The American Rescue Workers assist homeless individuals by providing money for overnight hotel stays as their funding permits in addition to financial assistance in paying rent for those who qualify as low income.

## Intellectual or Developmental Disabilities

### **Southern Alleghenies Service Management Group:**

The Southern Alleghenies Service Management Group was established and subcontracted in July 2009 to perform administrative functions for the Developmental Programs (MR) and Infant/Toddler Early Intervention Programs in Blair County. Fulfills the obligations on behalf of the county of Blair as outlined in the agreement between the State of Pennsylvania and the county. As per the terms of the agreement, SASMG is responsible for assuring the quality of these programs through service delivery oversight.

### **Appalachia Intermediate Unit 08 Early Intervention for Children with Disabilities/Delays:**

Provides eligible young children who must meet the following criteria: Ages 3 to 5 years old and not yet enrolled in kindergarten \* Resident of Bedford, Blair, Cambria or Somerset County \* Has a disability and/or exhibits a developmental delay of at least 25%.

### **The Arc of Blair County Disability Rights Group:**

Supports individuals who have a physical, mental, developmental or learning disabilities.

### **Skills of Central PA—Blair County-Behavioral Support Services:**

Supports children and adults whose challenging behaviors and/or mental health issues prevents them in acquiring or improving self-help, socialization, and adaptive skills necessary to participate fully in community life.

### **North Star Support Services:**

Provides Supports Coordination (Case Management) for individuals with intellectual disabilities. Support Coordinators (Case Managers) locate, coordinate, and monitor services in a person-centered approach to meeting the needs of clients.

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## Legal Services

### **Blair County Public Defenders Office (Criminal Cases):**

The Public Defenders Office provides legal defense to those charged with criminal offenses as well as those who cannot afford legal counsel.

### **MidPenn (Civil Cases):**

Provides free legal services to low income individuals in civil matters. Services include legal advice, negotiations and representation before agencies and courts. Handled through advice, brief service and/or representation in court.

## Medical Clinics and Hospitals

### **UPMC Altoona Hospital:**

UPMC Altoona offers more than 200 years of health care experience, over 300 highly recognized physicians, nearly 4,000 specialized and experienced caregivers, and 600 supportive volunteers. UPMC Altoona is a charitable, not-for-profit health care system governed by a volunteer community board of directors.

### **Primary Health Network:**

Family medicine is a medical specialty devoted to comprehensive health care for people of all ages. It is a division of primary care that provides continuing and comprehensive health care for the individual and family across all ages, sexes, diseases, and parts of the body. It is based on knowledge of the patient in the context of the family and the community, emphasizing disease prevention and health promotion. Primary Health Network accepts all patients, regardless of their insurance status, and offers a Sliding Fee Scale to eligible patients. The Sliding Fee discount qualifications are based on household income and size. Primary Health Network has teamed up with local pharmacies to offer discounted pricing on all medications. Assistance with the Health Insurance Marketplace to the community members and patients is also available.

(Medical Clinics and Hospitals continued on the next page.)

## **Medical Clinics and Hospitals (Continued)**

### **VA Medical Center:**

The James E. Van Zandt VA Medical Center in Altoona, PA provides medical services to veterans in 14 counties. VA Medical Centers provide a wide range of services including traditional hospital-based services such as surgery, critical care, mental health, orthopedics, pharmacy, radiology and physical therapy. In addition, services such as audiology, dental, and plastic surgery can be completed at this center. In addition to main facility in Altoona, offer services in three community based outpatient clinics. These clinics are located in: DuBois Pennsylvania, Johnstown Pennsylvania, State College Pennsylvania.

### **Nason Hospital:**

Nason Hospital performs a wide array of services including surgical specialties. The large team at the hospital is highly skilled in what they do and make it their mission to perform to the highest degree of work.

### **Tyrone Hospital:**

The Tyrone Hospital is a critical access hospital that provides general medical and surgical care including a 24 hour emergency department, a wide range of outpatient diagnostic services, and a short-term inpatient rehabilitation and skilled nursing care program.

### **Medicare Express Urgent Care:**

The urgent care is open daily 8 AM to 8 PM. Including weekends and holidays. No appointment is needed. X-ray and Lab on premises. Provides physical exams and treats illnesses and injuries.

### **Medexpress Altoona:**

Medexpress is a physician-led neighborhood medical center that provides wellness and preventative health care, treatment for illnesses and injuries and employer services. Medexpress is open 7 days a week, 8AM-8PM (8AM-4PM Christmas Eve, Closed Thanksgiving & Christmas Day).

### **Urgent Care Center:**

Offers quality healthcare, at a reasonable rate, for those who do and do not have healthcare insurance. Daytime, Evening, and Saturday Hours. No appointment needed.

### **Doctor's Walk-In Care:**

Doctor's Walk-In Care offers a convenient, no-appointment-needed approach to healthcare. At this care office you can be treated for illness or walk-in for a sports physical. The options at this clinic range and can cater to most health needs.

### **Community Clinic (for those without health insurance):**

The Community Clinic assists the uninsured population with access to high quality health care through a network of volunteer physicians and services. Patients are treated at the clinic and referred to the area hospitals if further testing is needed.

### **Blair County State Health Center:**

Provides treatment and follow-up for children and adults with Tuberculosis disease and Tuberculosis infection. Provides immunization clinics for children and adults; HIV testing and counseling; follow-up; home visits or maternal/child health; monitoring of communicable diseases and health education programs.

### **Women's Health & Wellness Center:**

The Women's Health & Wellness Center offers a numerous amount of services for women who are interested in receiving prenatal care, gynecological care, self-examinations, and more.

## Mental Health and Counseling Services

### **Crisis Intervention:**

Crisis intervention is a service that provides immediate assistance for people who are emotionally distressed with the objective of defusing the crisis, ensuring the person's safety and helping the person to take the next immediate steps toward resolving the problem.

### **Access Center:**

The Access Center is a telephone-managed center that offers confidential and easy access to the mental health services and drug and/or alcohol services that are offered by county contracted treatment providers. The Access Center serves all persons receiving county funding, state Medical Assistance and those with private-pay insurance coverage for these services. It also serves as a free source of information and referral.

### **Alternative Community Resource Program:**

Alternative Community Resource Program (ACRP) is an agency that offers community-based, non-residential programs for children, adolescents, adults and families. This agency provides a continuum of services that cross multiple systems including: education, family, the court, social service systems, juvenile justice, mental and behavioral health, child welfare, and the community.

### **UPMC Behavioral Health of the Alleghenies:**

Provides the following services Adult Partial Program including Psychiatric group therapy designed to increase independence and self-efficiency and reduce the need for inpatient treatment; Individual goals are developed; symptom management (depression, anxiety, thought disorders); skill building (anger management, assertiveness); coping skills; psycho-educational; psychotherapy; co-occurring disorders. Medication management is also available for those individuals admitted to the program. Blended Case Management – Adults: This program provides services to adults with a serious and persistent mental illness. Services include assessment of strengths and needs, service/goal planning and referrals to resources; and coordinating and linking the individual to services and resources in the community. Mobile Psych Rehab (MPR): This program consists of two (2) separate services. These two services work individually and as a team toward recovery with the individual receiving services. An RN works with individuals on medication management, symptom management, medication information, coping mechanisms, community resources and other applicable areas. An MPR specialist works on coping mechanisms, goal planning, life skills training, community involvement, and many other areas to assist the individual in becoming independent.

### **CONTACT Altoona:**

CONTACT Altoona is a telephone helpline service providing listening services, reassurance calls, crisis intervention, and information and referral services to the community. Telephones are staffed 365 days a year by trained volunteers who are prepared to offer stability in times of confusion and to assist people of all ages to resolve their own problems and develop their inner resources.

### **Blair Family Solutions:**

Blair Family Solutions has a team of psychologists, program directors, case managers, and therapists who work with families and their therapeutic needs.

### **Primary Health Network Behavioral Health:**

The Primary Health Network is a Federally Qualified Health Center (FQHC) that provides Primary Care, Dental, Behavioral Health, and Specialty Services. Services include psychiatric evaluation, psychotherapy, employee assistance program services, medication monitoring, individual, group and family therapy.

### **Community Care Behavioral Health:**

Community Care is a managed care company that takes care of your behavioral health services. You may use the services of Community Care when you need information about or want to get care for: a mental health condition, an alcohol problem, or a drug problem.

(Mental Health and Counseling Services continued on the next page.)

## Mental Health and Counseling Services (Continued)

### Peerstar:

Peerstar is the largest provider by geographic area of certified peer support services in Pennsylvania, offering guidance, support and hope to individuals recovering from mental illnesses and/or co-occurring substance abuse disorders. Peerstar is also a national leader in providing specialized forensic peer support services in prisons and communities to individuals involved with the criminal justice system who suffer from mental illnesses and/or substance abuse disorders, working closely with law enforcement, corrections, probation and parole and the judiciary.

### Merakey (formerly NHS Human Services):

Merakey offers an array of services for people of mostly all ages. Services include adult mental health services, foster care services, juvenile justice services, addictive disease services, and more. Merakey provides innovative solutions to support the unique needs of the individuals we serve by striving to create a caring and responsive environment that promotes the highest standards of integrity and quality.

### Nulton Diagnostic:

Nulton Diagnostic Treatment Center is the region's premier behavioral health center. Nulton Diagnostic was introduced in order to meet the growing needs of children struggling with behavioral health concerns, Nulton's outpatient programs have grown to include comprehensive services specially tailored to adolescents and teens, families, adults and older adults.

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## Transportation Services

### Blair Senior Services:

Blair Senior Services provides a wide array of services to county residents who are sixty years of age or older. Blair Senior Services offers transportation for seniors who need to attend appointments, recreational activities, or visits to friends and families. Serves as a transportation alternative for disabled individuals who need to travel outside of normal public bus routes, including door-to-door assistance utilizing vehicles that are accessible to a variety of mobility devices.

### Med Van:

The Med Van transportation system is a Non-Emergency Transport Service with specially equipped vehicles that are able to transport patients by wheelchair or stretcher. Services are available anytime day or night and special needs are accommodated with the services. Med-Van Transport is proud to provide quality professional transportation services to residents, nursing homes, hospitals, rehabilitation centers, and dialysis clinics throughout our region.

## Veterans Services

### VA Medical Center:

The VA Medical Center can help assist veterans who have experienced PTSD or any type of mental illness associated with war related trauma. Whether the ailment be physical or mental the VA Medical Center strives to improve the overall individual who has experienced any types of trauma associated with past war events.

### Blair County Veterans Affairs Office:

The Veterans Affairs Office is a service that offers benefits to veterans who may be eligible for home loan benefits, life insurance benefits, pension benefits, and more.

### PA Dept of Military and Veteran Affairs, State Veterans Home System-Hollidaysburg Veterans Home:

Hollidaysburg veterans offers qualified veterans the level of care that includes personal care, skilled nursing care, domiciliary care, and dementia care.



## Blair County PA Resource Directory

Information on local Health and Human Services.

Call PA 2-1-1  
for complete information and referral services, or  
go to  
<https://pa211.communityos.org>

